

## Connecting Supporting & Celebrating LGBTIQ+ Community

### QLIFE/Switchboard

Telephone counselling services, information and advice for LGBTIQ+ people  
1800 184 527 (3pm—12am daily 7 days a week) [www.qlife.org.au](http://www.qlife.org.au)

### Rainbow Door

Connecting LGBTIQ+ people to service providers text, call or email  
7 days a week 10 am—5 pm [www.rainbowdoor.org.au](http://www.rainbowdoor.org.au)  
Call: 1800 729 246 Text: 0480 017 246

### State/National Services

#### Black Rainbow

Support and advocacy for Aboriginal and Torres Strait Islander LGBTIQ+ people experiencing homelessness, leaving domestic violence relationships or the justice system.

[www.blackrainbow.org.au/](http://www.blackrainbow.org.au/)

#### Genderqueer Australia

Online portal of resources, events and news for transgender and gender diverse people

[www.genderqueer.org.au](http://www.genderqueer.org.au)

#### Minus18

LGBTIQ+ Youth Champions—facilitating workshops for queer young people and mainstream services, hosting pride formals

<https://www.minus18.org.au/>

#### Rainbow Health Victoria

Provides news, resources and research relevant to the health and wellbeing of LGBTIQ+ Australians

<https://www.rainbowhealthvic.org.au/>

#### Rainbow Network

Network for state wide and local LGBTIQ+ services

[www.rainbownetwork.com.au](http://www.rainbownetwork.com.au)

#### Victorian Pride Centre

The Victorian Pride Centre is the first purpose-built centre for Victoria's LGBTIQ+ communities. It is a place to pave new directions for the future of LGBTIQ+ community.

<https://pridecentre.org.au/about/>

### Thorne Harbour Health

Health promotion and awareness for LGBTIQ+ Victorians

[www.thorneharbour.org](http://www.thorneharbour.org)

### Touch base

Information and support services (Drug and Alcohol, Sexual Health, and Mental Health) for LGBTIQ+ Australians

[www.touchbase.org.au](http://www.touchbase.org.au)

### Transfemme

Stories, tips and resources to support healthier relationships between trans women and men

<https://transfemme.com.au/>

### Transgender Victoria

Dedicated service to achieving justice, equity and quality health and community service provision for trans and gender diverse people, their partners, families and friends.

[www.transgendervictoria.com/](http://www.transgendervictoria.com/)

### W|Respect

Support people in LGBTIQ+ communities and their families affected by family violence as well as build the capacity of the integrated family services and specialist family violence system.

1800 LGBTIQ+ (1800 542 847) [www.withrespect.org.au](http://www.withrespect.org.au)

### Zoe Belle Gender Collective

Works to improve the health and inclusion of trans and gender diverse people

<http://zbgc.org.au/>

### Local (South West Victoria)

#### Safe in the South West

Improving the health and wellbeing for LGBTIQ+ community with inclusive practices and support networks

<http://www.brophy.org.au/>

Keep up to date with SAFE and Yumcha

Linktree: [www.link.tree/yumcha.media](http://www.link.tree/yumcha.media)

Social Media: @Yumcha.Media